



# PARISH MATTERS

The Parish of Sydney City South acknowledge the Gadigal People, the traditional custodians, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of the Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation of this land.

9th & 10th March 2024 | 4th Sunday of Lent Year B

Fr Paul Smithers  
Parish Priest  
Rector, Shrine of Our Lady of  
Mt Carmel, Waterloo  
pp@citysouthcatholic.org.au  
Presbytery: 93536310 (NEW)

St Joseph, Rosebery  
Our Lady of Mt Carmel, Waterloo  
St Vincent de Paul, Redfern

Parish Office  
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Rosebery NSW 2018

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CCTV operates in each church

Dear Friends,

St Francis of Assisi when he had his conversion heard the voice of the Lord saying ‘rebuild my Church’. So he went and rebuilt a disused church. Slowly St Francis came to realise that the Lord was calling him to rebuild not a church building but the People of God that forms the Church. We have been on a similar journey. Today we reopen Our Lady of Mt Carmel Waterloo after the completion of the new flooring and restoration of liturgical furnishings. The beauty of all our churches (and they are all equally beautiful) leads us to realise that our physical places of worship are only truly beautiful if they are filled with people. Hopefully they inspire us to be more holy and those who are curious about these places of beauty will want to know more about Christ. Sacred art and beautiful buildings can be a means of inspiring people to know God and may speak to our neighbourhood where words can not.

The years of building and renovation have reminded me that conversion of heart and mind is not simply a once off occasion, like renovating a church or building a school. It is ongoing, challenging and demanding. Like St Francis, God’s Will slowly reveals itself to us if we persevere. Lent presents itself as a season of grace and conversion. It is helping me reclaim the central place that Christ should have in my life. It is helping me let go of things that are not essential or life giving. It is helping me let go of the frustration I feel with an, at times, overly bureaucratic church administration (St Francis felt this too!). It is helping me focus on centring myself in prayer and the love of God.

So the story of the conversion of St Francis to ‘rebuild my Church’ is for us a personal pilgrimage of trust in the Lord and courage to live our faith more intentionally.

*Paul*



The Parish of Sydney City South  
Invites Friends of Mt Carmel Waterloo  
to attend

Dedication Mass of  
Shrine of Our Lady of Mt Carmel, Waterloo (Est 1859)  
And Dedication of new altar

By Archbishop Anthony Fisher OP  
On Friday 19<sup>th</sup> April, 6.30pm  
2 Kellick Street Waterloo

This is the culmination of four years of restoration of the  
historic Sydney church and shrine.

RSVP to [secretary@citysouthcatholic.org.au](mailto:secretary@citysouthcatholic.org.au)



## PRAYER INTENTIONS

*Parish of Sydney City South  
under the patronage of Our Lady,  
St Joseph &  
St Vincent de Paul*



### Weekday Mass times:

#### Monday

7.30am Liturgy of the Word with Communion, St Joseph, Rosebery

#### Tuesday

5pm Our Lady of Mt Carmel, Waterloo

#### Wednesday

7.30am St Joseph, Rosebery

#### Thursday

11.45am Our Lady of Mt Carmel, Waterloo, school Mass, all welcome

#### Friday

8am Our Lady of Mt Carmel, Waterloo  
7.30pm Stations of the Cross @ Redfern

**Thursday 21 March, 11am:** Healing Mass, St Joseph Rosebery.

### Normal Sunday Mass Times:

**Waterloo: 5pm Sat Vigil**

**Rosebery: Sunday 7.30am (Rosary at 7am) & 9.00am (This Mass is Live Streamed).**

**Reconciliation @ Rosebery 8.30am.**

**Redfern: 11.00am**

### Schools in Our Parish:

Our Lady of Mt Carmel, Waterloo  
96991407  
info@olmcwaterloo.catholic.edu.au  
Principal: Mr Vince Campbell

St Joseph, Rosebery  
9184 6630  
info@stjrosebery.catholic.edu.au  
Principal: Mr Bernard Ryan

St Joseph Preschool & Long Day Care,  
Rosebery  
1A Kimberley Grove, Rosebery, NSW 2018  
9030 4677/ 0457 036 456  
scecs.rosebery@syd.catholic.edu.au  
Director: Faye-Maree Genovezos

Jarjum School (Jesuits) Redfern  
117 Redfern Street  
99365450  
Principal: Katherine Zerounian

**Recently Deceased:** Elvie Mitchell, Livio Verardo,

**Anniversary:** Florencio Beltran (29/2), Francesco Cassaniti (14/3)

**Deceased:** Gino Mio, Sartoretto Family, Valerie Jenkins, Thelma, Arthur & Janice Gray, Ethel & George Gray, Bill & Pat Clarke, John & Eileen Dennett, Arthur & Edna Dennett, Sydney & Violet Green, Hazel Holly, Arthur & Rose Dennett, John and Rosemary Cooley, Bill, Muriel, Marc & Jamie Wickert, Shirley Turner, Sr. Patricia Wilkinson, Anna, Stanley & Jim Atkins, Jay Rosenstraus. All Souls, especially those that have no one to pray for them, All Souls of the Unborn, All souls in Purgatory.

**Those who are sick:** Madelyn Humilde, Lucy Went, Bambo Servoz, Mark Balbi, John & Kate Gavan, Pamela Coates, Oisin Bradley, Carlos Lobo, Jimmie Mallee, Virginia Peloe, Edmund Gonzales, Paul Morgan, Mariany Hidajat, Silvana Bevilacqua, Ned Dalton, Livia Mio, John Calleja, Anne Hudson, Maria Tsiallis, Cherry Ermita Dela Cruz, Emmi Moeljowati, June Elliot, Lyndall Storey, William Gonzales, Nhia Nguyen, Marina Fox, Jo-Anne Davies, Maureen Maher, Lidia Freitas, Sr Dominic Furlong OSU, Ana Lucia Solorzano, Jack, Ruby, Geraldine Carrington, Therese Mullaney, Manolito Agnilar.

**If you wish to be included in bulletin lists, please email the Parish Office. For Mass Intentions please email before 10am Friday secretary@citysouthcatholic.org.au. Donations can be made via website or given to Fr Paul directly.**

**Friendly reminder:** In accordance with the Sydney Archdiocese privacy policies and State and Federal laws, if you are wanting a living person's name to be published in the bulletin, we require their written permission.

## Financial Update

### Week Ending 3 March

<b>First Collection</b>	<b>Supports the Clergy Remuneration Fund</b>	<b>\$ 985</b>
<b>Second Collection</b> (includes Parish Giving Program/ does not incl tap& go)	<b>Supports the Parish</b>	<b>\$ 902</b>

***Thank you to all who are supporting the parish financially.***



*Please use the QR code, Tap N Go, Support Us Tab from Website or contact the Parish Office to make a donation OR be set up for a monthly donation using your credit card.*

# Dates for your Diary

- **Sunday 17 March—Prayer for Mission**  
Please join us at St Joseph, Rosebery as we pray for the growth of our mission. 10-10.30am
- ◆ **Friday 19 April, 6.30pm** Consecration of Our Lady of Mt Carmel Church & new altar, Waterloo by Archbishop Anthony Fisher OP
- ◆ **Friday 31st May, 6:30pm** Annual Parish Dinner Tea Room, QVB

## READERS ROSTER

Mass		Reader
5:00pm	This	David McConachie
	Next	Steven Belcastro
7:30am	This	Michael Burns
	Next	John Sciberras
9:00am	This	Lisa Steel
	Next	Dylan White
11:00am	This	Sr Esmey
	Next	Sandra Truong

## Reconciliation and First Holy Communion 2024

The Parish Sacramental Program for the Sacraments of Reconciliation and First Holy Communion will begin shortly. We invite all who wish their children to receive their first Communion this year to come to an Information Night will be held at Our Lady of Mt Carmel Church, Waterloo on Thursday **21st March** commencing at 7pm. It is important for at least one parent to attend this meeting.

The Enrolment Mass is on **6th & 7th April** and the program begins on Tuesday **30th April**.

Children being enrolled should be in Yr 3 and above and baptised Catholic.

First Holy Communion will be held this year on:

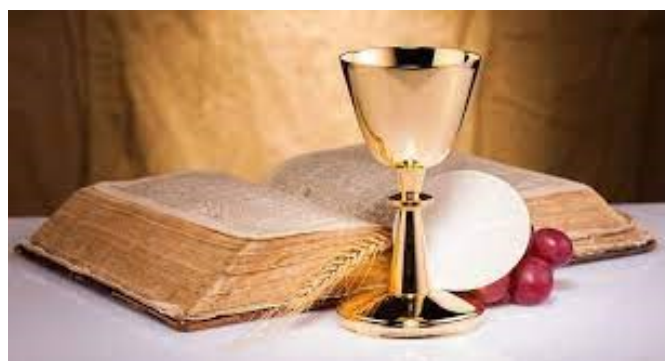
**Saturday 1st June 5.00pm Vigil - Waterloo**

**Sunday 2nd June 9.00am – Rosebery**

**Sunday 2nd June 11.00am - Redfern**

Please contact the Parish Office for further information or email Sr Rosemary: [pastoral@citysouthcatholic.org.au](mailto:pastoral@citysouthcatholic.org.au)

You can find a registration form on our website under the “Sacraments” heading, in the “Parish Based Sacramental Program” tab.



**PRAYER FOR MISSION**

*Gather to pray for the growth of our mission: to worship God, care for the poor & evangelise*

St Joseph's Church, Rosebery  
10.00-10.30am  
Sunday, 17 March 2024

### DO YOU OR SOMEONE YOU KNOW NEED PRAYERS?

Our WhatsApp prayer group would like to pray for you.

**Text your intentions to 0491 939 577.**



## Easter Triduum

### Holy Thursday 28 March:

7pm Our Lady of Mt Carmel, Waterloo (Adoration until Midnight)

### Good Friday 29 March:

10am Stations of the Cross St Joseph's, Rosebery

3pm Liturgy of the Passion St Joseph's, **Rosebery**

3pm Liturgy of the Passion St Vincent de Paul, **Redfern**

3pm Liturgy of the Passion Our Lady of Mt Carmel **Waterloo**

### Easter Vigil 30 March:

7.30pm Our Lady of Mount Carmel, Waterloo

**Easter Sunday 31 March:** Mass times as usual.

### Good Samaritan Project - Easter Egg Appeal

For the remaining weeks of Lent, Vinnies has asked our Parish to focus on Easter Eggs to support their Easter Egg drive. Over the recent years, Vinnies offered Easter Eggs to those who attended their Redfern Centre and the feedback from their clients was positive. They are hoping to continue this activity as so many are struggling this year and these eggs provide a little joy to their lives.



The need for non-perishable food items to enable families to prepare basic meals will continue throughout Lent and for the coming few months.



Thank you to all who continue to contribute to our Good Samaritan Project. Vanessa Madunic (Co-ordinator)

### Easter Triduum Choir: Singers Needed



Stephanie Holmes will once again be assembling a choir for the Easter Triduum - singing for Holy Thursday, Good Friday and the Easter Vigil (28, 29, 30 March).

All parishioners, regardless of musical ability are invited to join the choir. Rehearsals will be on Wednesday evenings at 7:30pm in St Joseph's Church, Rosebery. These began last week, but you are still encouraged to attend if interested. **Next rehearsal: Wednesday 13 March, 7.30pm**



**St Joseph's Community Playgroup**  
 10-11am Thursdays  
 22 February, 7 March, 21 March,  
 and 4 April

St Joseph's Catholic Church,  
 Parish Office  
 (74 Rosebery Ave, Rosebery NSW)

**Enquiries**  
 Elizabeth 0491 939 577 or  
 mission@citysouthcatholic.org.au




# DONATIONS NEEDED FOR 2024 PARISH EASTER RAFFLE!



Donate an Easter egg, bunny, bilby or a bottle of wine/bubbly for our 2024 Easter Raffle. Raffle to be drawn at Easter Vigil and all proceeds to go to Parish Outreach programs. Drop your donation off at the Church during Mass times or to Parish Office. More info? Call Parish Office 9353 6300.

### Volunteer Opportunity

Some 225 people in Sydney sleep rough every night, and Cana Communities operates homeless shelters in Sydney, with St Francis Shelter the latest to open its doors in Redfern. Run entirely by volunteers, Cana needs volunteers for Tuesday (women's only night), Friday and Saturday shifts (6pm-9:30pm or 9:30pm-7:30am) to welcome and assist guests and prepare meals. All volunteers will receive training. The impact on guests at these shelters cannot be overestimated, considering the alternatives. Be part of a caring community passionate about helping others and making a change. Find out more about becoming a volunteer by emailing [carmel.shaw@cana.org.au](mailto:carmel.shaw@cana.org.au)



## Sydney Catholic Singles meetup group

ALL AGES WELCOME!




Please scan QR code to join the group or search 'Sydney Catholic Singles' on Meetup.com



### Third Sunday of Lent 9 & 10 March



As the eldest child in a low-income farming family in rural Malawi, Memory faced many barriers to her education. But, with the support of Caritas Australia, she enrolled in a technical school and became the first female carpenter in her village.

Please donate to Project Compassion.



Together, we can help vulnerable communities face their challenges today and build a better tomorrow for all future generations.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or by calling 1800 024 413.

## Gospel Reflection

The fourth Sunday of Lent is sometimes called Laetare Sunday. Laetare is a Latin word that means “rejoice.” Traditionally, Sundays are named after the first word of the liturgy’s opening antiphon. On this Sunday, the antiphon is taken from the book of the prophet Isaiah (Isaiah 66:10-11). Even as we observe our Lenten sacrifices, we rejoice in anticipation of the joy that will be ours at Easter.

Today’s Gospel reading is taken from John’s Gospel. It consists of two parts. The first part is the final sentence of Jesus’ reply to Nicodemus, the Pharisee who approached Jesus at night. Nicodemus acknowledged Jesus as someone who had come from God and seemed to want to be a follower of Jesus. Jesus greeted Nicodemus with the observation that one must be born from above to see the Kingdom of God. The dialogue between Jesus and Nicodemus that followed was about the meaning of this phrase. Nicodemus misunderstood Jesus at every point, but there was no animosity in the questions he posed to Jesus.

In the part of the conversation with Nicodemus in today’s Gospel, Jesus referred to an incident reported in the Old Testament. When the Israelites grumbled against the Lord during their sojourn in the desert, God sent venomous serpents to punish them for their complaints. The Israelites repented and asked Moses to pray for them. The Lord heard Moses’ prayer and instructed him to make a bronze serpent and mount it on a pole. All who had been bitten by a serpent and then looked upon the bronze serpent were cured. By recalling this story, Jesus alludes to the salvation that would be accomplished through his death and Resurrection.

The second part of today’s Gospel is a theological reflection on Jesus’ words to Nicodemus. The Gospel of John is known for this kind of reflection offered within the narrative. The words of the Evangelist are in continuity with the words of the prologue to John’s Gospel. In these reflections, John elaborates on a number of themes that are found in his Gospel: light and darkness, belief and unbelief, good and evil, salvation and condemnation.

In John’s reflection, we find an observation about human sinfulness. Jesus is the light that has come into the world, but people preferred the darkness. We wish to keep our sins hidden, even from God. Jesus has come into the world to reveal our sins so that they may be forgiven. This is the Good News; it is the reason for our rejoicing in this season of Lent and throughout our lives.



## National Catholic Safeguarding Standards

The ten National Catholic Safeguarding Standards incorporate recommendations from the Royal Commission and also the National Principals for Child Safe Organisations, contextualising these requirements for the Catholic Church in Australia. These standards work in conjunction to ensure every entity, ministry, and organisation across the Catholic Church in Australia places the safety of children and adults at risk at the core of how they plan, think and act. Each week we are discussing one of the ten standards and how they operate in our Parish.

### Standard Five: Robust Human Resources Management

This standard is about ensuring that we have the right people (paid staff and volunteers) in the right roles and with the right knowledge, resources and training. If you are a volunteer with our Parish you may have been to one of our Archdiocesan Safeguarding training sessions either online or in person. This training is refreshed at a minimum every three years for all relevant volunteer (and staff) positions. Fr Paul attends regular training and Clergy Conferences during the year and Ruth & Michelle as your PSSOs also attend regular training. Ruth is especially excited to be attending a seminar on Safeguarding Adults at Risk later this month run by the NCSS. She looks forward on reporting back.

### Do you want more information?

Visit [www.sydneycatholic.org/safeguarding-and-child-protection/](http://www.sydneycatholic.org/safeguarding-and-child-protection/) for all CAS policies and procedures. You can also find our Safeguarding Manual in all our Sites and copies to take home of specific documents we reference each week.


### Your current PSSOs are:

**Michelle Davies** and **Ruth Rawlinson**.

### Do you have questions about Safeguarding?

Email us at: [safeguarding@citysouthcatholic.org.au](mailto:safeguarding@citysouthcatholic.org.au)





**A message from the Archdiocese of Sydney:**

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or [safeguardingenquiries@sydneycatholic.org](mailto:safeguardingenquiries@sydneycatholic.org).

You may also want to speak to your Parish Priest who will be able to provide support and guidance.

The Archdiocese has a legal obligation to report crimes to the police.

## Parts of the Mass

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### Entrance Antiphon

Rejoice, Jerusalem, and all who love her.  
Be joyful, all who were in mourning;  
exult and be satisfied at her consoling breast.

### Penitential Rite

Lord Jesus, you became flesh. Lord have mercy.  
You offer us salvation. Christ have mercy.  
You lead us rejoicing to the Father. Lord have mercy.

**OR**

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*And, striking their breast, they say:*

through my fault, through my fault,  
through my most grievous fault;  
Then they continue:  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

### Gloria (NOT USED IN LENT)

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

### Nicaean Creed

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

### Holy Holy (Sanctus) Vigil Mass

Sanctus, Sanctus, Sanctus Dominus Deus Sabaoth.  
Pleni sunt caeli et terra gloria tua. Hosanna in excelsis.  
Benedictus qui venit in nomine Domini.  
Hosanna in excelsis.

### Lamb of God (Agnus Dei) Vigil Mass

Agnus Dei,  
quitollis peccata mundi: miserere nobis.  
Agnus Dei,  
quitollis peccata mundi: miserere nobis.  
Agnus Dei,  
quitollis peccata mundi: dona nobis pacem.

### Communion Antiphon

Jerusalem is built as a city bonded as one together.  
It is there that the tribes go up, the tribes of the Lord,  
to praise the name of the Lord.

## PRAYER TO ST. MICHAEL, THE ARCHANGEL

(Promulgated by Pope Leo XIII)

St. Michael the Archangel defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the power of God, cast into Hell, Satan and all the other evil spirits who prowl through the world, seeking the ruin of souls. Amen.

# Liturgy of the Word

## A reading from the book of Chronicles

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."'

## Responsorial Psalm

**R Let my tongue be silenced, if ever I forget you!**

By the rivers of Babylon  
there we sat and wept,  
remembering Zion;  
on the poplars that grew there  
we hung our harps. **R**

For it was there that they asked us,  
our captors, for songs,  
our oppressors, for joy.  
'Sing to us,' they said,  
'one of Zion's songs.' **R**

O how could we sing  
the song of the Lord  
on alien soil?  
If I forget you, Jerusalem,  
let my right hand wither! **R**

O let my tongue  
cleave to my mouth  
if I remember you not,  
if I prize not Jerusalem  
above all my joys! **R**

## A reading from the letter of St Paul to the Ephesians

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

## Gospel Acclamation

Glory and praise to you, Lord Jesus Christ!

God loved the world so much, he gave us his only Son,  
that all who believe in him might have eternal life.

Glory and praise to you, Lord Jesus Christ!

## A reading from the holy Gospel according to John

Jesus said to Nicodemus:

'The Son of Man must be lifted up  
as Moses lifted up the serpent in the desert,  
so that everyone who believes may have eternal life in him.

Yes, God loved the world so much  
that he gave his only Son,  
so that everyone who believes in him may not be lost  
but may have eternal life.

For God sent his Son into the world  
not to condemn the world,  
but so that through him the world might be saved.  
No one who believes in him will be condemned;  
but whoever refuses to believe is condemned already,  
because he has refused to believe  
in the name of God's only Son.

On these grounds is sentence pronounced:  
that though the light has come into the world  
men have shown they prefer  
darkness to the light

because their deeds were evil.

And indeed, everybody who does wrong  
hates the light and avoids it,  
for fear his actions should be exposed;  
but the man who lives by the truth  
comes out into the light,  
so that it may be plainly seen that what he does is done in God.'