



PARISH MATTERS

The Parish of Sydney City South acknowledge the Gadigal People, the traditional custodians, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of the Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation of this land.

10th & 11th February 2024 | 6th Sunday in Ordinary Time Year B

Fr Paul Smithers
Parish Priest
Rector, Shrine of Our Lady of
Mt Carmel, Waterloo
pp@citysouthcatholic.org.au
Presbytery: 93536310 (NEW)

St Joseph, Rosebery
Our Lady of Mt Carmel, Waterloo
St Vincent de Paul, Redfern

Parish Office
74 Rosebery Ave
Rosebery NSW 2018

Postal Address
PO Box 1067
Strawberry Hills NSW 2012 |
Office 93536300
secretary@citysouthcatholic.org.au
www.citysouthcatholic.org.au

Parish Team

Michelle Davies (Secretary)
secretary@citysouthcatholic.org.au

Ruth Rawlinson
(Operations Manager)
manager@citysouthcatholic.org.au

Sr Rosemary (Pastoral Associate)
pastoral@citysouthcatholic.org.au

Elizabeth Arblaster
(Pastoral Associate for Mission)
mission@citysouthcatholic.org.au
0491 939 577

Parish Safeguarding Officers

Ruth Rawlinson & Michelle Davies
safeguarding@citysouthcatholic.org.au
9353 6300

CCTV operates in each church

Dear Friends,

The Season of Lent starts this Wednesday. At the beginning of Lent, on Ash Wednesday, ashes are blessed during Mass. The blessed ashes are then 'imposed' on our foreheads as a sign of conversion, penance, fasting and human mortality. Lent lasts for forty days and the Church uses the colour violet or purple as a further sign of penance and conversion. The church is not decorated with flowers and much of the gracious music is muted. Lent is truly a new springtime, when we grow in grace, in ways often imperceptible, subtle and varied. Lent thus reminds us that the great graces are given by God, not when our senses perceive them or when our hearts are full of consolations, but in the silence and the stillness of 'the night'. The tone of Lent is austerity. I commend to you again Project Compassion and the St Vincent de Paul Society as ways to be in solidarity with the poor. Let us also pray for those adults who will be baptised and received into the Church at the Easter Vigil. Our thanks to Sr Rosemary who is responsible for their instruction. You may also like to join a Lenten group Elizabeth Arblaster is coordinating. The Sacrament of penance is also a focus in this time of Lent. You may like to (gently) grab me before Mass if you wish to celebrate the Sacrament. Conversion of heart and mind is often slow and realised in small steps, but growth in the spiritual life is possible if we commit to these days of Lent.

The new St Joseph school building is in the final stages of construction. The school will start using the space from term 2. There is such energy and life around our Rosebery campus. But remember our community also includes Waterloo and Redfern. We make up a great unity across three sites. Parish activities may not always be held at Rosebery but shared across the parish sites. Later this year when we start on the renovation work of the parish centre at Waterloo we will have a modern and accessible site for many parish functions.

All going to plan, the Waterloo church will be ready at the start of March. A firm date will be announced a week before completion.

We need to acknowledge that Mr Vince Campbell has started as Principal at Our Lady of Mt Carmel school Waterloo. We welcome him to our parish and look forward to getting to know him. We assure him and our school communities of our prayers.

God bless,

Fr Paul



PRAYER INTENTIONS

*Parish of Sydney City South
under the patronage of Our Lady,
St Joseph &
St Vincent de Paul*



This world in which we live needs beauty in order not to sink into despair. It is beauty, like truth, which brings joy to the heart of man and is that precious fruit which resists the year and tear of time, which unites generations and makes them share things in admiration. St Paul VI

Weekday Mass times:

Monday

7.30am Liturgy of the Word with Communion, St Joseph, Rosebery

Tuesday

5pm, St Vincent de Paul, Redfern

Ash Wednesday

7.30am St Joseph, Rosebery

12pm, St Vincent de Paul, Redfern

7pm St Joseph, Rosebery

Friday

7.30am St Joseph, Rosebery

Normal Sunday Mass Times:

~~Waterloo: 5pm Sat Vigil~~

From 13 January 5pm Sat Vigil will be at St Joseph Rosebery

Rosebery: Sunday 7.30am (Rosary at 7am) & 9.00am (This Mass is Live Streamed).

Reconciliation @ Rosebery 8.30am.

Redfern: 11.00am

Schools in Our Parish:

Our Lady of Mt Carmel, Waterloo

96991407

info@olmcwaterloo.catholic.edu.au

Principal: Mr Vince Campbell

St Joseph, Rosebery

9184 6630

info@stjrosebery.catholic.edu.au

Principal: Mr Bernard Ryan

St Joseph Preschool & Long Day Care, Rosebery

1A Kimberley Grove, Rosebery, NSW 2018

9030 4677 / 0457 036 456

scecs.rosebery@syd.catholic.edu.au

Director: Faye-Maree Genovezos

Jarjum School (Jesuits) Redfern

117 Redfern Street

99365450

Principal: Katherine Zerounian

Recently Deceased: Valerie Jenkins

Anniversary: Onefre Bernardo Viray (13/2), Dominic Burgher (14/2), Lie Hok Guan (15/2)

Deceased: Joseph Mizzi, Elizabeth Elsje Tenggara, Gino Mio, Thelma, Arthur & Janice Gray, Ethel & George Gray, Bill & Pat Clarke, John & Eileen Dennett, Arthur & Edna Dennett, Sydney & Violet Green, Hazel Holly, Arthur & Rose Dennett, John and Rosemary Cooley, Bill, Muriel, Marc & Jamie Wickert, Shirley Turner, Sr. Patricia Wilkinson, Anna, Stanley & Jim Atkins, Jay Rosenstrauss. All Souls, especially those that have no one to pray for them, All Souls of the Unborn, All souls in Purgatory.

Those who are sick: Eva Katrib, Lucy Went, Bambo Servoz, Mark Balbi, John & Kate Gavan, Pamela Coates, Oisin Bradley, Carlos Lobo, Jimmie Mallee, Virginia Peloe, Edmund Gonzales, Paul Morgan, Mariany Hidajat, Silvana Bevilacqua, Ned Dalton, Livia Mio, John Calleja, Anne Hudson, Maria Tsiailis, Cherry Ermita Dela Cruz, Emmi Moeljowati, June Elliot, Lyndall Storey, William Gonzales, Nhia Nguyen, Marina Fox, Jo-Anne Davies, Maureen Maher, Lidia Freitas, Sr Dominic Furlong OSU, Ana Lucia Solorzano, Jack, Ruby, Geraldine Carrington, Therese Mullaney, Manolito Agnilar.

If you wish to be included in bulletin lists, please email the Parish Office. For Mass Intentions please email before 10am Friday secretary@citysouthcatholic.org.au. Donations can be made via website or given to Fr Paul directly.

Friendly reminder: In accordance with the Sydney Archdiocese privacy policies and State and Federal laws, if you are wanting a living person's name to be published in the bulletin, we require their written permission.

Financial Update

Week Ending 4 February

First Collection	Supports the Clergy Remuneration Fund	\$ 875
Second Collection (includes Parish Giving Program/ does not incl tap& go)	Supports the Parish	\$ 725

Thank you to all who are supporting the parish financially.



Please use the QR code, Tap N Go, Support Us Tab from Website or contact the Parish Office to make a donation OR be set up for a monthly donation using your credit card.

Dates for your Diary

- ◆ The Way of the Heart Retreat (Part 2) – Sunday, 18 February 2024
- ◆ Retreat with the Dominican Sisters of St Cecilia – Sunday, 7 April 2024
- ◆ **SAVE THE DATE!** Friday, 31st May 2024
6:30pm Annual Parish Dinner Tea Room, QVB

READING ROSTER		
Mass		Readers
5:00pm	This	Therese Poulton
	Next	Bruce Strath
7:30am	This	John Sciberras
	Next	Stephanie Chow
9:00am	This	Abbey K
	Next	Ameilia K
11:00am	This	Sr Esmey
	Next	Sandra Truong

Ash Wednesday Mass Times 14 February

St Joseph Church Rosebery

7.30am & 7.00pm

St Vincent de Paul Church Redfern

12.00pm



DO YOU OR SOMEONE YOU KNOW NEED PRAYERS?

Our WhatsApp prayer group would like to pray for you.

Text your intentions to 0491 939 577.



Last year, our parish began our Way of the Heart retreat days. Now in 2024 the journey continues. If you did not attend the last retreat you can still come to this one.

About the retreat: The world is a broken place. But God our Father has not abandoned us here. Out of love, He sent His Son, Jesus, to heal our wounded humanity. No matter our past, Jesus calls us His friends and invites us into a relationship of love. Living life with Jesus changes things. Come and see! The day includes talks, meditations, and share groups.

The retreat is presented by John & Anne Gray, Australian Representatives, Pope's Worldwide Prayer Network.

Date: 10am-3pm Sunday, 18 February 2024

Location: St Joseph's Church, Rosebery.

Meals: Morning tea and lunch provided.

Cost: Lunch (\$20 adult; \$10 student/pensioner) plus any donation you can afford to support the speakers' ministry is appreciated.

Enquiries: Elizabeth 0491 939 577 or mission@citysouthcatholic.org.au

Register: 2 ways to register

Online: via QR code or trybooking.com/COPUA

Form: Pick up a form from the back of the church and hand into the office or to Elizabeth.





LENTEN PENANCE

In this season of Lent, we seek to experience the mercy of God the Father, and to practice it in our daily lives. But first we must experience *our need for mercy*, that is, our brokenness and, indeed, our sinfulness, insofar as we have failed to love God above all, and to love our fellow men and women as ourselves. This is why the Church's Canon Law reaffirms the obligation to do penance – to interrupt the usual comforts of life, to rediscover in prayer the merciful love of God, and to practice charity and justice towards those in need. The special times of penance are all Fridays throughout the year and the season of Lent.

We recall that St John the Baptist prepared for the coming of the Lord by “preaching a baptism of repentance”. Jesus began his ministry with the exhortation: “Repent and believe the Gospel” (Mk 1:15). Repentance means the rejection of sin. It implies conversion to, and reconciliation with, God. Prayer, self-denial, and works of charity are the concrete expressions of repentance. Each of these identifies us more closely with our Saviour. By penance we make satisfaction for our sins, and take real steps in the renewal of our lives. Repentance and conversion are central, on-going, and even daily practices of Christian living.

In nominating special times of penance, the Church encourages and promotes in all of us the *habit* of penance. Furthermore, observance of these special times by all Catholics throughout the universal Church emphasises what we call “the social dimension of sin”. The sin of the individual member always in some measure infects the whole body. Therefore during Lent and on every Friday throughout the year, we do penance, not only on our own account, but also in the name of the Church and of the world. We must take very seriously our penitential obligations and be sure to carry them out. The Australian Catholic Bishops' Conference has not restricted our penance to fast and abstinence; in all cases, it has left room for our own responsible choice. We should carefully select the form of penance that we consider most appropriate for our own circumstances and growth in the Christian life.

DAYS OF PENANCE

1. **Abstinence from meat, and fasting, must be observed on Ash Wednesday and Good Friday. All who have completed their eighteenth year and have not yet begun their sixtieth year are bound to fast. All who have completed their fourteenth year are bound to abstain.**
2. **On all other Fridays of the year including the Fridays of Lent, the law of the common practice of penance is fulfilled by performing any one of the following:**
 - (a) **prayer – for example, Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the rosary.**
 - (b) **self-denial – for example, not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country; limiting use of social media, smart phones or television.**
 - (c) **helping others – for example, special attention to someone who is poor, sick, elderly, lonely or overburdened.**

LENT LASTS FROM ASH WEDNESDAY (14th FEBRUARY) TO THE MASS OF THE LORD'S SUPPER (28th MARCH). ON GOOD FRIDAY AND, IF POSSIBLE, ALSO ON HOLY SATURDAY UNTIL THE EASTER VIGIL, THE EASTER FAST IS OBSERVED.

PASCHAL PRECEPT

Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday, 14th February, and Trinity Sunday, 26th May, 2024 unless for a good reason it is done at another time during the year. All the faithful are obliged to confess their grave sins at least once a year.

St. Mary's Cathedral
SYDNEY
14th February 2024

ARCHBISHOP OF SYDNEY

LENTEN GROUP 1

HOLY WEEK IN DEPTH

5 TUESDAY NIGHTS (ZOOM)



During Holy Week, Jesus cursed a fig tree, rode on a donkey, turned over tables in the Temple, and deliberately went into a place of great danger. Why? In this series, we use biblical and historical evidence to uncover the deeper meaning of the final week of Jesus' earthly life and the holiest week of the year.

Dates: Tuesdays 20 & 27 Feb, 5, 12 & 19 March

Time: 7:00-8:00pm

Cost: If you can, a donation to assist with the cost of offering this program is appreciated.

Venue: Zoom link provided.

Enquiries: Elizabeth 0491 939 577 or mission@citysouthcatholic.org.au

Register: www.trybooking.com/COWWJ



LENTEN GROUP 2

3 PATHS TO HOLINESS

5 THURSDAY NIGHTS (ROSEBERY)



All Christians are called to holiness. Being holy means to become healed and whole; to become the best version of yourself, with all parts integrated and in harmony. But how do we become more holy? In this series we will explore three paths to holiness through video talks by Bishop Robert Barron, share groups, and prayer.

Dates: Thursdays 22 & 29 Feb, 7, 14 & 21 March

Time: 6:30-7:30pm

Cost: If you can, a donation to assist with the cost of offering this program is appreciated.

Venue: St Joseph's Meeting Room, Rosebery.

Enquiries: Elizabeth 0491 939 577 or mission@citysouthcatholic.org.au

Register: https://www.trybooking.com/COYBD



Project Compassion Sunday 10 & 11 February



Please take home a Project Compassion box or set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **for all future generations**.

With your support, Caritas Australia has been able to support communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction.

Project Compassion 2024 reminds us that the good that we do today will extend and impact the lives of generations to come. Together, we can help vulnerable communities face their challenges today and build a better tomorrow **for all future generations**.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](https://www.caritas.org.au/project-compassion) or by calling 1800 024 413.





National Catholic Safeguarding Standards

Australian Catholic Safeguarding Ltd (ACSL) is a national organisation established in 2020 with the purpose of promoting and overseeing a consistent approach to the practice of Safeguarding in our Church. The mandate of ACSL is “*to support Church leaders and Catholic organisations to create safe and nurturing environments for every person who comes into contact with the Church in Australia*”. (ACSL Annual Report 2021-2022).

The ACSL has developed ten **National Catholic Safeguarding Standards** which incorporate recommendations from the Royal Commission and also the National Principals for Child Safe Organisations, contextualising these requirements for the Catholic Church in Australia. These standards work in conjunction to ensure every entity, ministry, and organisation across the Catholic Church in Australia places the safety of children and adults at risk at the core of how they plan, think and act. Over the coming weeks we will review each standard and how they function within our community. As we review these standards we will also ensure a copy of the referenced documents is available at the back of the Church if you would like more information.

Standard Two: Children and adults are safe, informed and participate

The key to this standard can be seen as empowerment, that we are all empowered with the information and resources we need. It is important that all members of our Parish are aware of their rights, including the right to be free from abuse in all forms, and who to contact if you have concerns about your safety or the safety of others.

Resources are available at all our churches including resources specifically for children. Copies may also be found online—if you would like a printed version to take home contact your PSSOs. We encourage everyone to take the time to explore these and as importantly we encourage you to contact us with questions and suggestions. Safeguarding does not occur in isolation, it is not a role held by one or two people in our Parish, it is something we build together, as part of what it is to be a community and take care of one another.

We all experience vulnerability at some point in our lives. If you have a concern, have seen or heard something that you feel is upsetting or have feedback about your own experience, we are listening and we are here to help and support you.

Copies of the **Rights & Responsibilities** card are available at the back of the church to take home. This is a great resource to share with your kids to empower them within our community and beyond, we encourage you to take this home and discuss it with your children.

Do you want more information?

Did you know you can find all current policies and procedures as well as useful information by visiting www.sydneycatholic.org/safeguarding-and-child-protection/ ?


There is also a hard copy of key documents in each Church/Community space via our 2024 Safeguarding manual to ensure access for those who may not have regular internet. Each week we also provide copies to take home of any document referenced in our Safeguarding Update. You can also contact your Safeguarding Officers and we can assist. We are here to support you and our Parish.

Your current PSSOs are:

Michelle Davies and **Ruth Rawlinson**.

Do you have questions about Safeguarding?

Email us at: safeguarding@citysouthcatholic.org.au



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at **(02) 9390 5810** or safeguardingenquiries@sydneycatholic.org.

You may also want to speak to your Parish Priest who will be able to provide support and guidance.

The Archdiocese has a legal obligation to report crimes to the police.

Parts of the Mass

Entrance Antiphon

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

Penitential Rite

Lord Jesus, you became flesh. Lord have mercy.
You offer us salvation. Christ have mercy.
You lead us rejoicing to the Father. Lord have mercy.

OR

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Gloria

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen.

Nicaean Creed

I believe in one God,

the Father almighty,

maker of heaven and earth,

of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light,

true God from true God,

begotten, not made, consubstantial with the Father;

through him all things were made.

For us and for our salvation

he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,

and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,

and rose again on the third day

in accordance with the Scriptures.

He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory

to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come. Amen.

Holy Holy (Sanctus) Vigil Mass

Sanctus, Sanctus, Sanctus Dominus Deus Sabaoth.

Pleni sunt caeli et terra gloria tua. Hosanna in excelsis.

Benedictus qui venit in nomine Domini.

Hosanna in excelsis.

Lamb of God (Agnus Dei) Vigil Mass

Agnus Dei,

quitollis peccata mundi: miserere nobis.

Agnus Dei,

quitollis peccata mundi: miserere nobis.

Agnus Dei,

quitollis peccata mundi: dona nobis pacem.

Communion Antiphon

They ate and had their fill,

and what they craved the Lord gave them;

they were not disappointed in what they craved.

PRAYER TO ST. MICHAEL, THE ARCHANGEL

(Promulgated by Pope Leo XIII)

St. Michael the Archangel defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the power of God, cast into Hell, Satan and all the other evil spirits who prowl through the world, seeking the ruin of souls. Amen.

Liturgy of the Word

A reading from the book of Leviticus

The Lord said to Moses and Aaron, 'If a swelling or scab or shiny spot appears on a man's skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons.

'The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head. A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, "Unclean, unclean". As long as the disease lasts he must be unclean; and therefore he must live apart; he must live outside the camp.'

Responsorial Psalm

R I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

Happy the man whose offence is forgiven,
whose sin is remitted.

O happy the man to whom the Lord
imputes no guilt,
in whose spirit is no guile. **R**

But now I have acknowledged my sins;
my guilt I did not hide.

I said: 'I will confess
my offence to the Lord.'
And you, Lord, have forgiven
the guilt of my sin. **R**

Rejoice, rejoice in the Lord,
exult, you just!

O come, ring out your joy,
all you upright of heart. **R**

A reading from the first letter of St Paul to the Corinthians

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone – to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved.

Take me for your model, as I take Christ.

Gospel Acclamation

Alleluia, alleluia!

A great prophet has appeared among us;
God has visited his people.

Alleluia!

A reading from the holy Gospel according to Mark

A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.