



PARISH MATTERS

The Parish of Sydney City South acknowledge the Gadigal People, the traditional custodians, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of the Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation of this land.

18th/19th February 2023 | Seventh Sunday in Ordinary Time Year A

Fr Paul Smithers
Parish Priest
Rector, Shrine of Our Lady of
Mt Carmel, Waterloo
pp@citysouthcatholic.org.au
Presbytery: 93536310 (NEW)

St Joseph, Rosebery
Our Lady of Mt Carmel, Waterloo
St Vincent de Paul, Redfern

Parish Office
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Rosebery NSW 2018

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In this season of Lent, we seek to experience the mercy of God the Father, and to practise it in our daily lives. But first we must experience our need for mercy, that is, our brokenness and, indeed, our sinfulness, in so far as we have failed to love God above all, and to love our fellow men and women as ourselves. This is why the Church's Canon law reaffirms the obligation to do penance – to interrupt the usual comforts of life, to rediscover in prayer the merciful love of God, and to practice charity and justice towards those in need. The special times of penance are all Fridays throughout the year and the season of Lent.

We recall that St John the Baptist prepared for the coming of the Lord by “preaching a baptism of repentance.” Jesus began his ministry with the exhortation: “Repent and believe the Gospel” (Mk 1:15). Repentance means the rejection of sin. It implies conversion to, and reconciliation with, God. Prayer, self-denial, and works of charity are the concrete expressions of repentance. Each of these identifies us more closely with our Saviour. By penance we make satisfaction for our sins, and take real steps in the renewal of our lives. Repentance and conversion are central, on-going, and even daily practices of Christian living.

In nominating special times of penance, the Church encourages and promotes in all of us the habit of penance. Furthermore, observance of these special times by all Catholics throughout the universal Church emphasises what we call “the social dimension of sin”. The sin of the individual member always in some measure infects the whole body. Therefore during Lent and on every Friday throughout the year, we do penance, not only on our own account, but also in the name of the Church and of the world.

We must take very seriously our penitential obligations and be sure to carry them out. [This does not] restrict our penance to fast and abstinence; in all cases, it has left room for our own responsible choice. We should carefully select the form of penance that we consider most appropriate for our own circumstances and growth in the Christian life.

DAYS OF PENANCE

Abstinence from meat, and fasting, are to be observed on Ash Wednesday and Good Friday. All who have completed their eighteenth year and have not yet begun their sixtieth year are bound to fast. ALL who have completed their fourteenth year are bound to abstain.

On all other Fridays of the year including the Fridays of Lent, the Law of the common practice of penance is fulfilled by performing any one of the following:

prayer – for example, Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the rosary.

self-denial – for example, not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country.

helping others – for example, special attention to someone who is poor, sick, elderly, lonely or overburdened.

Anthony Side

ARCHBISHOP OF SYDNEY

...continue on back page.

*Parish of Sydney City South
under the patronage of Our Lady,
St Joseph &
St Vincent de Paul*



This Week:

Weekday Mass times:

Monday

Liturgy of the Word with Communion,
7.30am St Joseph's Rosebery

Tuesday

5pm Our Lady of Mt Carmel Waterloo followed
by Adoration

Ash Wednesday

7.30am St Joseph's Rosebery
9.15am Our Lady of Mt Carmel Waterloo
12pm St Vincent de Paul Redfern
7pm St Joseph's Rosebery

Thursday

7.30am Our Lady of Mt Carmel Waterloo

Friday

8am Our Lady of Mt Carmel Waterloo

Sunday Mass Times

Waterloo: 5pm Sat Vigil

Rosebery: Sunday 7.30am & 9.00am.

Reconciliation @ Rosebery 8.30am.

Redfern: 11.00am

Schools in Our Parish:

Our Lady of Mt Carmel, Waterloo
96991407

info@olmcwaterloo.catholic.edu.au

Principal: Mrs Marg Holles

St Joseph, Rosebery

9184 6630

info@stjrosebery.catholic.edu.au

Principal: Mr Bernard Ryan

St Joseph Preschool & Long Day Care, Rosebery

1A Kimberley Grove, Rosebery, NSW 2018

9030 4677/ 0457 036 456

scecs.rosebery@syd.catholic.edu.au

Director: Lidia Krslovic

Jarjum School (Jesuits) Redfern

117 Redfern Street

99365450

Principal: Katherine Zerounian

PRAYER INTENTIONS

Recently Deceased: Olive Burke, Hessel Hession

Anniversary: Kathleen McAleer (18/2), Jane Farrugia (24/2)

Deceased: Jovita Basilio, Paiboon Pundmand, Domenico Verardo, Arthur & Janice Gray, Ethel & George Gray, Bill & Pat Clarke, John & Eileen Dennett, Arthur & Edna Dennett, Sydney & Violet Green, Hazel Holly, Arthur & Rose Dennett, Gino Mio, Rosemary Cooley, Bill, Muriel, Marc & Jamie Wickert, Shirley Turner, Sr. Patricia Wilkinson, Anna, Stanley & Jim Atkins, Jay Rosenstraus.

All Souls, especially those that have no one to pray for them, All Souls of the Unborn, All souls in Purgatory.

Thanksgiving: Chiu Family.

Those who are sick: Emmi Moeljowati, Ignatius Suhadi Setio, June Elliot, Theresa Flores, Lyndall Storey, Brian & Marilyn Manton, Margie Humilde, Rafael Pastorza, William Gonzales, Nhia Nguyen, Marina Fox, Jo-Anne Davies, Maureen Maher, Lidia Freitas, Sr Dominic Furlong OSU, Ana Lucia Solorzano, Jack, Ruby, Samsia, John Cooley, Christina O'Connor, John Gavan, Geraldine Carrington, Therese Mullaney


If you wish to be included in bulletin lists, please email the
Parish Office.

**For Mass Intentions please email before 10am Friday.
Donations can be made via website or given to Fr Paul
directly.**

secretary@citysouthcatholic.org.au.

Rosters		Readers
5:00pm	This	Therese Poulton
	Next	Lenette Carter
7:30am	This	John Sciberras
	Next	Stephanie Chow
9:00am	This	Amelia K
	Next	Terri Lumibao
11:00am	This	Ana Vakauta
	Next	Sandra Truong

If you are not available on your rostered date, please contact the Parish Office before 1pm on Friday so an alternate reader can be organised.



A message from the Archdiocese of Sydney:
Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org.
You may also want to speak to your Parish Priest who will be able to provide support and guidance.
The Archdiocese has a legal obligation to report crimes to the police.

Dates for your Diary

- ◆ OLMC School community joining parish mass, followed by sausage sizzle, **Saturday 18th February**
- ◆ Burning of the Palms after 9am **Sunday 19th February**
- ◆ Pancake Soiree **Tuesday, 21st February** after 5pm mass @ Parish Centre Waterloo
- ◆ **Save the Date! 2023 Annual Parish Dinner Confirmed for Friday 2nd June 2023 6pm-10pm at The Tea Room QVB.**

Financial Update

Week Ending 12 February

First Collection	Supports the Clergy Remuneration Fund	\$ 735
Second Collection (includes Parish Giving Program)	Supports the Parish	\$ 823



Thank you to all who are supporting the parish financially.

Please use the QR code, Tap N Go, Support Us Tab from Website or contact the Parish Office to make a donation OR be set up for a monthly donation using your credit card.

Mass times
St Joseph - 7.30am & 7.00pm
OLMC - 9.15am
St Vincent - 12.00pm

22 February

ASH WEDNESDAY



THURSDAY MASS DURING LENT
7PM @
OLMC - 23 FEB & 16 MARCH
ST VINCENT - 2 & 23 MARCH
ST JOSEPH - 9 & 30 MARCH





Project Compassion Sunday 18 & 19 February

Please take home a Project Compassion box or set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **For All Future Generations.**

With your support, Caritas Australia has been able to support communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction. Project Compassion 2023 reminds us that the good that we do today will extend and impact the lives of generations to come.

As St Pope John Paul II said, **"The future starts today, not tomorrow."**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion, or by calling 1800 024 413.



Stations of the Cross during Lent

Throughout Lent, Stations of the Cross will follow the 5pm Tuesday Mass at Our Lady of Mount Carmel at Waterloo.

Stations of the Cross

“If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me”, Jesus said (Mt 16:24). As friends and disciples of Jesus it is important for us to contemplate how our own crosses relate to this call and to Jesus’ own Cross. An ancient devotion which helps us to do this is the Stations of the Cross. This practice originated from pilgrims to Jerusalem walking the “via Dolorosa” (way of sorrow) that Jesus walked from the place he was condemned to his place of execution. Throughout Lent you are invited to join us as Fr Paul leads us in an insightful meditation on the Stations of the Cross after the 5pm Mass at Waterloo each Tuesday.

Thanks!

Thanks to the many generous people who offered to launder the tablecloths for our morning teas. It will help our hospitality ministry to run more smoothly. Pax, Elizabeth

Morning tea – Redfern

Please join us for morning tea after the 11am Mass at St Vincent de Paul church in Redfern on Sunday 25 February 2023.

Understanding Holy Week: A four evening historical study of Jesus' final days before His Passion

Jesus did very curious things during Holy Week. He cursed a fig tree, rode on a donkey, turned over tables in the Temple, and deliberately went into a place of great danger. Why? All these details are meant communicate very particular things to us. But without certain historical facts, we can miss out on the deeper meaning!

Come to these 4 sessions and you will receive amazing historical insights into the meaning of Holy Week and what God did for us through these events. You'll understand and experience Holy Week more deeply than ever.

Details:

Tuesday 28 February, 7, 14 & 21 March

In person session 10.30-11.15am (St Joseph’s Meeting Room) or **online session** 7.00-7.45pm (Zoom)

Series is free. Registration essential.

Registration/enquiries: Elizabeth on 0491 939 577 or mission@citysouthcatholic.org.au

Sewing project for the homeless

Would you like to undertake a sewing project to look after the homeless? I have two large bags of knitted scarves which need to be sewn together into blankets (see photo). The blankets will be distributed in the inner city to those in need of some warmth. This is a collaboration with Our Lady of Mount Carmel School Waterloo. If you would like to know more contact Elizabeth on 0491 939 577 or mission@citysouthcatholic.org.au



Easter Raffle Donations Wanted!

Donate an Easter egg/Bunny/Bilby (etc.) or bottle of wine for our 2023 Easter Raffle. Donations will be made into hampers for a prize draw at Easter. Donations can be dropped off at the office or left at Mass. Queries? Call Ruth or Michelle at the parish office on 9353 6300 or email us at secretary@citysouthcatholic.org.au.



Dancing with Sr Rosemary at OLMC!

We are very excited to start learning Irish Dancing, which we hope we can perform for our St Patrick's Day celebrations on 17th March. We will warmly invite parishioners to attend a little nearer the date, so watch this space! These are our Year 2 girls after just one lesson!



During the week I was delighted to pray a special blessing on the new learning spaces for our children at St Joseph school Rosebery in their temporary home at Kensington. Sr Rosemary and Elizabeth Arblaster joined me for this special moment. Thank you to Principal Bernard Ryan and the hard working staff for all their efforts.

On Friday we celebrated a very simple but prayerful opening school Mass at St Joseph's church.

Our little Joey's are picked up each morning and dropped off each afternoon from the church by their own bus.

Paul 



OPEN DAY

2 March 2023

9.30am-11.00am

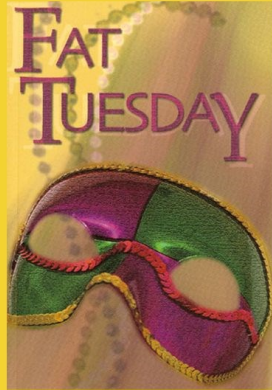
4.00pm-5.00pm

Shrove Tuesday Soiree

It is customary that on the day before lent we have one last festive gathering before the great fast begins. In some places the day before Ash Wednesday is called *Mardi Gras* although in Australia we tend to follow the English tradition of calling the day Shrove Tuesday. It means the same thing.

Meaning of Mardi Gras

- ✦ "Mardi Gras" literally means "Fat Tuesday" in French.
- ✦ It is called this because Mardi Gras falls on the day before Ash Wednesday, which is the last day before Lent (a forty day season of prayer and fasting observed by the Roman Catholic Church that ends on Easter Sunday).
- ✦ "Fat Tuesday" is thought to have come from the ancient Pagan custom of parading a fat ox through the town streets during holidays, which were filled with excessive eating, and drinking prior to a period of fasting.



In keeping with tradition, I invite you to a Shrove Tuesday/ Mardi Gras Soiree after 5pm Mass on Tuesday 22nd February in the new Parish Centre at Our Lady of Mt Carmel. Sr Rosemary and I are getting together a Soiree of pancakes and bubbles (and other delights)! Please RSVP to the parish office via email or phone by Monday night. **Fr Paul**

Prayer

Fasting

Almsgiving



The Season of Lent

The time has now come in the Church year for the solemn observance of the great central act of history, the redemption of the human race by our Lord and Saviour Jesus Christ. In the Roman Rite, the beginning of the forty days of penance is marked with the austere symbol of ashes which is used in today's liturgy. The use of ashes is a survival from an ancient rite according to which converted sinners submitted themselves to canonical penance. The Alleluia and the Gloria are suppressed until Easter.

Abstinence from eating meat is to be observed on all Fridays during Lent. This applies to all persons 14 and older. The law of fasting on Ash Wednesday and Good Friday applies to all Catholics from age 18 through age 59.

Ash Wednesday

At the beginning of Lent, on Ash Wednesday, ashes are blessed during Mass, after the homily. The blessed ashes are then "imposed" on the faithful as a sign of conversion, penance, fasting and human mortality. The ashes are blessed at least during the first Mass of the day, but they may also be imposed during all the Masses of the day, after the homily, and even outside the time of Mass to meet the needs of the faithful. Priests or deacons normally impart this sacramental, but instituted acolytes, other extraordinary ministers or designated lay people may be delegated to impart ashes, if the bishop judges that this is necessary. The ashes are made from the palms used at the previous Passion Sunday ceremonies.

— *Ceremonies of the Liturgical Year, Msgr. Peter J. Elliott*

The act of putting on ashes symbolizes fragility and mortality, and the need to be redeemed by the mercy of God. Far from being a merely external act, the Church has retained the use of ashes to symbolize that attitude of internal penance to which all the baptised are called during Lent.

— *Directory on Popular Piety and the Liturgy*

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RING: 02 9560 5333 or 0422 472 567 www.palms.org.au



In our parish I have the right to feel safe and free from harm,
I have the responsibility to act appropriately with others.



Parts of the Mass

Entrance Antiphon

O Lord, I trust in your merciful love.
My heart will rejoice in your salvation.
I will sing to the Lord who has been bountiful with me.

Penitential Rite

Lord Jesus, you became flesh. Lord have mercy.
You offer us salvation. Christ have mercy.
You lead us rejoicing to the Father. Lord have mercy.

OR

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Gloria

Gloria to God in the highest,
and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen.

Nicaean Creed

I believe in one God,

the Father almighty,

maker of heaven and earth,

of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light,

true God from true God,

begotten, not made, consubstantial with the Father;

through him all things were made.

For us and for our salvation

he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,

and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,

and rose again on the third day

in accordance with the Scriptures.

He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory

to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come. Amen.

Holy Holy (Sanctus) Vigil Mass

Sanctus, Sanctus, Sanctus Dominus Deus Sabaoth.

Pleni sunt caeli et terra gloria tua. Hosanna in excelsis.

Benedictus qui venit in nomine Domini.

Hosanna in excelsis.

Lamb of God (Agnus Dei) Vigil Mass

Agnus Dei,

quitollis peccata mundi: miserere nobis.

Agnus Dei,

quitollis peccata mundi: miserere nobis.

Agnus Dei,

quitollis peccata mundi: dona nobis pacem.

Communion Antiphon

Lord, I have come to believe that you are the Christ,

the Son of the living God, who is coming into this world.

In our parish I have the right to express my views openly and honestly in all matters affecting me,
I have the responsibility to respect other people's views.

Liturgy of the Word

A reading from the book of Leviticus

The Lord spoke to Moses; he said: 'Speak to the whole community of the sons of Israel and say to them: "Be holy, for I, the Lord your God, am holy.

"You must not bear hatred for your brother in your heart. You must openly tell him, your neighbour, of his offence; this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear a grudge against the children of your people. You must love your neighbour as yourself. I am the Lord."

Responsorial Psalm

(R.) The Lord is kind and merciful.

1. My soul, give thanks to the Lord,
all my being, bless his holy name.
My soul, give thanks to the Lord
and never forget all his blessings. **(R.)**
2. It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and compassion. **(R.)**
3. The Lord is compassion and love,
slow to anger and rich in mercy.
He does not treat us according to our sins
nor repay us according to our faults. **(R.)**
4. As far as the east is from the west
so far does he remove our sins.
As a father has compassion on his sons,
the Lord has pity on those who fear him. **(R.)**

A reading from the letter of St Paul to the Corinthians

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him, because the temple of God is sacred; and you are that temple.

Make no mistake about it: if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he really can be wise. Why? Because the wisdom of this world is foolishness to God. As scripture says: The Lord knows wise men's thoughts: he knows how useless they are, or again: God

is not convinced by the arguments of the wise. So there is nothing to boast about in anything human: Paul, Apollos, Cephas, the world, life and death, the present and the future, are all your servants; but you belong to Christ and Christ belongs to God.

Gospel Acclamation

Alleluia, alleluia!

Whoever keeps the word of Christ,
grows perfect in the love of God.

Alleluia!

Gospel

A reading from the holy Gospel according to Matthew

Jesus said to his disciples: 'You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away.

'You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect.'

LENT FAST FROM ASH WEDNESDAY (22ND FEBRUARY) TO THE MASS OF THE LORD'S SUPPER (6 APRIL). ON GOOD FRIDAY AND, IF POSSIBLE, ALSO ON HOLY SATURDAY UNTIL THE EASTER VIGIL, THE EASTER FAST IS OBSERVED.

Paschal Precept

Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday, 22nd February, and Trinity Sunday, 4 June, 2023 unless for a good reason it is done at another time during the year. All the faithful are obliged to confess their grave sins at least once a year + Anthony Fisher OP